

schedule, 3 pts received XELOX (9 cycles, median 4) and 2 pts received XELIRI (7 cycles, median 3.5). Median relative dose intensity was: 98% for capecitabine and 100% for oxaliplatin, 80% for capecitabine and 92% for irinotecan during 1st XELOX/XELIRI sequence. In 19 evaluable pts for efficacy, the ORR was 47% (95% CI, 25–70%). 13 pts are not evaluable (4 adverse events; 8 on treatment and 1 lost of follow-up). The median TTP was 11.9 months (95% CI, 4.4–19.5). There were no grade 4 adverse events. Main toxicities per patient has shown in the table.

Conclusions: Sequential schedule of XELOX followed by XELIRI has shown a good safety and efficacy, including a promising low rate of grade 3 neurosensory/paresthesia toxicity in the first-line treatment of MCRC.

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PUBLICATION

Does radiotherapy technique influence survival in rectal cancer? A multivariate analysis

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Aim: Treatment results of postoperative chemoradiotherapy (CRT) and the effect of radiotherapy techniques on the outcome in local or advanced rectal cancer were investigated.

Patients and Methods: A total of 69 patients (39 male, 30 female) with surgically removed rectal cancer (pT3–4 pN0-any pT pN+) treated with postoperative CRT between July 1999 and December 2004 were analyzed retrospectively. Median age was 58 (24–83) years. Low anterior resection was performed in 39 patients and abdominoperineal resection in 30. The median number of removed and metastatic lymph nodes was 12 and 2 (1–49) respectively. Patients were pathologically staged as follows: IIa 39%, IIb 4.3%, IIla 5.8%, IIlb 31.9 and IIc 18.8%. Irradiation was given with a single daily fraction of 1.8 Gy to a total dose of 50.4 Gy. Five patients treated with the parallel opposed (AP-PA) fields and four-field box technique was used in 65 patients. Chemotherapy (CT) consisted of the combination of 5-fluorouracil and leucovorin. Thirty patients received 1 to 2 cycles of CT before concurrent CRT, while 39 has started with CRT simultaneously after surgery. The median interval between surgery and radiotherapy (RT) was 58 days and RT was completed in median 42 (30–73) days. Clinical and pathologic variables including age, sex, clinical stage, operative method, tumor differentiation, number of removed and metastatic lymph nodes, AP/PA or box treatment designs, administration of CT before RT and having late complications were analyzed using univariate and multivariate Cox models.

Results: The median follow-up was 25 (5.5–65) months. Late severe intestinal toxicity appeared in 7 patients and 5 of them had required intestinal resections, the others had occlusive crises responded to medical treatments. Local recurrence and distant metastasis were detected in 5 (7.2%) and 7 (10.1%) patients respectively.

Median progression-free and overall survivals (OAS) were 55 and 58 months. Univariate analysis showed that number of metastatic lymph nodes, AP-PA field technique, late complications and having 1 to 2 course of chemotherapy before CRT had significant impact on overall survival (OAS). In multivariate analysis, high number of metastatic lymph nodes ($p=0.001$, HR:1.12), AP-PA field technique ($p=0.004$, HR:8.14) and late complications ($p=0.033$, HR: 0.21) were independent poor prognostic factors for overall survival.

Conclusion: High number of positive lymph nodes, AP-PA radiotherapy technique and late complications were independent prognostic factors for survival in patients with rectal carcinoma treated with surgery and postoperative CRT. Our results show that appropriate RT technique should be utilized for rectal cancer patients in order to improve survival.

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PUBLICATION

Transanal excision of rectal villous adenomata is an effective alternative to more major surgery in high risk patients

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Background: Flat adenomata are frequently unsuitable for endoscopic snare removal techniques, but those within the lower rectum may be amenable to simple transanal excision. The aim of our study was to evaluate the complication and recurrence rates in all patients who had undergone a transanal excision for rectal villous adenomata under the care of single colorectal surgeon.

Material & methods: All patients who had undergone this procedure over nine year period were identified from consultant's logbook and all casenotes were retrieved for retrospective analysis.

Results: A total of 56 trans anal excisions were performed in 35 patients. The male:female distribution was equal and the patients ranged in age

from 44 to 89 years (mean age 68). Many were frail, a number having significant co-morbidity with 11 classified as ASA grade 3 or 4. All had confirmed tubulovillous adenomata with low to high grade dysplasia. The distance of the lesions were ranging 4 cm–10 cm (mean 6 cm) from anal verge. Recurrence developed in 5 patients (14%), of which 3 underwent repeat excision, 2 elderly patients having multiple repeat procedures over many years. There was no significant mortality or morbidity.

Conclusions: Transanal excision is a successful alternative to major surgical operations in relatively poor risk patients with large rectal villous adenomas, with no significant mortality and morbidity.

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PUBLICATION

Comparison of rectal bleeding clinic with conventional out patient clinic for detection of early colorectal cancer.

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Background: To study the effectiveness of a Rectal Bleeding Clinic in detecting premalignant colonic lesions and early colorectal cancers in comparison with conventional out-patient clinics (OPD).

Materials & methods: All 2,175 consecutive patients referred to the RBC from November 1997 to Aug 2004 were assessed by detailed history, clinical examination and flexible sigmoidoscopy underwent subsequent colonoscopy. The final definitive histology of each patient was confirmed from the histology department database, which was also used to identify a control group of 92 consecutive patients with colorectal cancer diagnosed in conventional OPD.

Results: Two hundred and thirty patients (10.6%) had significant neoplastic lesions. Of these 139 had adenomatous polyps and 92 patients had invasive cancer. Of the invasive cancers, forty one (45%) patients had Duke's A lesions, as compared to 10 (10%) of the control group of patients coming through the OPD during this period, as shown in the table below.

Duke's stage	RBC	OPD
A	41 (45%)	10 (10%)
B	29 (29%)	43 (46%)
C	17 (19%)	31 (36%)
D	4 (4%)	5 (5%)
X	3 (3%)	3 (3%)
Total	92	92

Twenty patients ages 40–49 years were diagnosed as having neoplastic lesions (eleven with low grade dysplasia, one with high grade dysplasia and eight with invasive cancer).

Conclusions: A rapid access RBC enables detection of a higher proportion of potentially curable early colorectal cancers than conventional clinics, in addition to a large number of pre-malignant lesions which can be treated endoscopically with subsequent colonoscopic surveillance.

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PUBLICATION

Capecitabine, oxaliplatin and irinotecan combination: a first line treatment for metastatic colorectal cancer, preliminary results of a phase II study

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Background: Oxaliplatin, Irinotecan and Capecitabine are active drugs in colorectal cancer. This drugs have been found to act synergistically, both, at "in vivo" and "in vitro" studies. The aim of this study is to determinate the safety and efficacy of this combination in metastatic colorectal cancer (MCRC) as first-line treatment.

Methods: 34 eligible and untreated patients with MCRC were included in this trial. All patients received, Oxaliplatin 85 mg/m² day 1, Irinotecan 150 mg/m² day 1 and Capecitabine 800 mg/m² bid for 7 days, cycles were repeated every 14 days.

Results: From November 2004 to May 2005, 34 patients were enrolled into the study with the following characteristics: male/female (64.7%/35.3%), median age 57 (32–68), performance status 91.2% I, 8.8% II, metastatic locations: 85.3% liver, 79.4 lung, 25% retroperitoneum. The median number of cycles received per patient was 6 (1–12). Response was as follows: 5.9% complete response, 73.5% partial response, 20.5% stabilization. No progressions during treatment were found.

NCI-CTC grade III/IV hematological toxicities presented as follows: 8.8% Anemia, 11.8% leucopenia, 32.4% neutropenia, 2.9% plaquetopenia. Non-hematological toxicities presented as follows: 14.7% vomiting, 14.7%